

FACTS

Food Assistance Coming Together for Seniors

Volume 1, Issue 2

Spring, 2007

The Human Race

Family, Fitness, and Fun!

Helped raise money for Food Assistance

Food Assistance was proud to be a participant in the 2007 Human Race for local charities. This community fundraising event took place on Saturday, March 24, 2007 at Grimsley High School in Greensboro.

The participating walkers helped raise \$1,220. Food Assistance received \$870 plus \$100 totaling \$970. The Volunteer Center received \$250 to address community volunteer needs in Greensboro.

Thank you to all who walked and those who gave a donation. This quality time together while reaching out to help others in need was a great community builder.

Contact: www.FoodAssistanceNC.com under Volunteer Opportunities or email FoodAssistance@bellsouth.net to find out about volunteer opportunities you and your family can enjoy together each month.

Thank you! You were there when we needed you and you made a difference!

National Hunger Awareness

Day is June 5, 2007

How can you be involved?

Be proactive and help with the reauthorization of the 2007 Farm Bill. This legislation provides funding for the programs such as Community Supplemental Feeding Program (CFSP), The Emergency Food Assistance Program (TEFAP), and the Food Stamp Program. This directly affects Food Assistance and our participants. Go to www.hungeractioncenter.org and let your Congress members know how critical adequate funding is for the nutrition title in the Farm Bill. With more than 35 million Americans hungry or at risk of hunger each year, it is imperative for you to voice your support for combating hunger in America to your elected officials. Your elected officials look to you for guidance on what is important to your community. Your individual support can make a difference for millions of hungry Americans.

Welcome Duke Energy

Foundation The Duke Energy Foundation donated \$1,000 to help fund our April Senior gift bags.

Food Assistance would like to recognize Duke Energy Foundation as our newest Foundation/ Corporate Sponsor. The Duke Energy Foundation donation was part of their "retirees" work program which supports local charities through grass roots proactive work and giving.

These dedicated retirees also packed the gift bags at their meeting in Greensboro. Thank you Duke Energy Foundation and "Retirees" for your support to our community outreach "Groceries on Wheels."

INSIDE THIS ISSUE

- 1 Fundraising: The Human Race – A Winner
 - 1 National Hunger Awareness Day – June 5, 2007
 - 2 Duke Energy Foundation – Welcome!
 - 2 Special Needs, Shop for Charity Day
 - 2 Volunteer Opportunities , Mission Statement
- Distribution Schedule 2007

Food Assistance Board of Directors

Jane Carlson, Executive Director

Tim Pless, Chairman

Dan Jones, Vice Chair

Lauren Haldeman, PhD., Nutrition Director

Thaddeus McEwen, Secretary/Treasurer

Special Needs

Food Assistance welcomes funds to supply special needs to our participants.

Funds are used to purchase extra items for our participants such as household items, toiletries, meats and frozen and fresh vegetables. **If you would like to help, tag your donation (General).**

All donations are tax deductible under our 501(C) 3 non-profit status. Donations may be mailed to Food Assistance, Inc., 102 Kirk Road, Greensboro, NC 27455, or made online at www.foodassistancenc.com.

Mission- Groceries on Wheels offers food, friendship, and hope to improve health and wellness to low income seniors and disabled in Guilford County.

Eat Right, Move More!

Shop for Charity Day

Spend Money to Make Money!

Shop online to help Food Assistance. Food Assistance is now registered on www.shopforcharityday.com/132261. The website can also be accessed on our website www.foodassistancenc.com. Thank you for your support, and HAPPY SHOPPING online!

Volunteers Opportunities

Food Assistance –great volunteer opportunities! Sign up today at foodassistancenc.com under volunteer opportunities. No experience is needed. Work in the warehouse, collect food, deliver groceries, and more. Schools groups, businesses, and civic groups welcome!

Distribution Schedule

January 19, 20

February 16, 17

March 16, 17

April 20, 21

May 18, 19

June 15, 16

July 20, 21

August 17, 18

September 21, 22

October 19, 20

November 16, 17

December 14, 15

